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المخدرات

# Annual Report

**JCD** or “Jeunesse Contre la Drogue” is a non-profit organization, founded in February 4, 1994 (Cognizance No. 75/AD). JCD fights addiction through receiving addicted people and their families, raising awareness, training people to deal appropriately with addiction, rehabilitating young addicts and following them up in order to enable them to reintegrate into society.

Its **main objectives** are:

1. To receive addicts and their families in order to reduce the growth of the addicted population as well as the impact of addiction on addicts and their families.
2. To raise the level of awareness concerning the dangers of addiction.
3. To strengthen the ability of people to deal with the causes of addiction.
4. To rehabilitate addicts and enable them to reintegrate in their society.
5. To follow-up former addicts to prevent their relapse and return to the world of addiction.
6. To activate the role of the family and the surrounding in facing this scourge.
7. To influence the development of laws related to social scourges, particularly drugs.

## **Programs of the Organization:**

- 1. Reception Program:** Receives addicts and their families, enlightens them concerning the best actions to be undertaken for their cases.
- 2. Rehabilitation program:** receive drug abusers and helps them get rid of their addiction, and reintegrate appropriately in the society and surrounding.
- 3. Follow-up program:** provides social and psychological follow-up for the ex-drug abusers who have finished their rehabilitation at the rehabilitation center.
- 4. Awareness program:** responsible for educating young people and their caregivers about the harmful effects of drugs, alcohol, smoking, HIV/AIDS and STIs.
- 5. Training program:** organizes training workshops to create a nucleus able to contribute to the awareness and guidance of at-risk population.

## **Introduction**

This annual report contains information about the activities of each of the previously mentioned JCD programs as of January 2009. It might also contain some forward-looking statements including, in particular, statements about future plans, expectations or prospects.

These forward-looking statements are subject to risks and uncertainties, including:

1. Economic conditions of the organization.
2. Losing key personnel or being unable to recruit qualified personnel.
3. War situation which could adversely affect our work.
4. Maintaining our relationships with our donors.
5. Maintaining our partnerships with other organizations, institutions, or companies.

## Reception Program



- 75 people benefited from our VCT service.
- 77 people / families benefited from our consulting service.
- 32 drug abusers were received at JCD rehabilitation center to undergo rehabilitation.
- 11 drug abusers were received at JCD to undergo out-patient follow-up with a psychotherapist.
- 45 drug abusers were oriented to other organizations.
- 29 drug abusers of those oriented to other organizations are still on the waiting list.

<b>Year</b> <b>Nb</b> <b>Of addicts</b>	<b>2009</b>
<b>At the Reception Desk</b>	77
<b>Registered in the Rehab Center</b>	32
<b>On Waiting List</b>	29
<b>Oriented to another Association</b>	45
<b>Out Patients</b>	11

The previous table presents the number of addicts at JCD's reception office in 2009, in details.

## Rehabilitation Program



- 32 drug abusers underwent rehabilitation at JCD Rehabilitation Center.



- Efforts in order to restore and renovate the center in order to be able to receive more drug abusers.
- The Lebanese singer Rayan visited the Rehabilitation Center and became JCD's ambassador.



## Follow-up program



- 18 drug abusers finished their rehabilitation and are benefiting from the follow-up services.
- 3 ex-drug abusers have finished their treatment and volunteered currently to help in the Awareness and Training programs.

## Awareness Program



- **Lectures:**

Lectures about smoking, drugs, alcohol and HIV/AIDS were conducted in several regions in Lebanon, including Bterram (Koura), Rachin (Zgharta), Zgharta, ahbe (Akkar), Bcharre, Kornish el Mazraa (Beirut), Dik el Mehdi (Metn), Roumye, Bremana, Rihan (Jezzin), Jib Jennin (West Bekaa), Adma, Haret Sakher (Ghazir)...

- **Awareness Projects:**

1. 2009: Creation of a movie entitled “Born Once Again”, within the main project “Forsa”, which was used as an awareness tool that motivated participants from JCD clubs as well as ex-drug abusers at JCD Rehabilitation Center to engage in the preparation, production and shooting along with studio managers and supervisors, through helping with ideas for the scenario.

2. 2009 – 2011: Awareness project with “Al Takadoumi Al Ichtiraki Scouts” during which 20 people were trained to become prevention agents. These agents carried awareness sessions in 18 schools. A launching campaign for the project was held. About 1000 people attended it, including Municipality Union, school veterans, schools, families ...
3. 2009: Launching of the project: “Manzil Khalin min al Tadkhin” (Smoking Free House) which covered about 8000 houses in Lebanon and resulted in a statistical study about the status of smoking and smokers in the Lebanese regions where the project has been implemented.
4. 2009: Launching of the project “Bi Chehglak Fik Thafiz Ala Sehtak” (At Work you can Maintain your health). The project is a great support to the attempts to reduce smoking since it aims at stimulating workers and employees to stand up for their rights and fight smoking by becoming militants of the anti-smoking campaign.

5. 2009: Participation in the Forum of “La Sagesse” high school.
6. 2009 – present: Working on an Exhibition in schools. The exhibition displayed images and photos that demonstrate the perils of cigarettes, water pipes, drugs and alcohol so as to prevent and protect the adolescents and the at risk people from these scourges.
7. 2009 – present:

Preparation and making off of the play “Ghalta” (Mistake) to be launched on April, 23, 2010 and displayed on the 24<sup>th</sup> and 25<sup>th</sup>, too, before starting its tour on schools and municipalities all over the nation. The play is acted by ex-drug abusers from the JCD Rehabilitation Center and tells the real story of a young man who was seduced by drugs and describes his journey to recovery.

Preparation of the lyrics and music of the JCD song Ghalta in order to shoot its video clip and launch it in 2010. The song also tells the story and suffering of a drug abuser and explains that the drug abuser is a sick person, not a criminal.

8. 2009 – present: 3 additional volunteers from JCD joined the Y-PEER network through their participation in training workshops. As a result, there are presently 5 JCD volunteers representing JCD in the network, since 2 JCD volunteers participated in the series of capacity development workshops organized by the network around peer education and HIV/AIDS and STIs in 2008, when the Y-PEER network was launched. The success of the collaboration between JCD and Y-PEER resulted in the selection of 4 peer educators in JCD to participate in International/regional trainings. These 4 peer educators became focal points for the network as well as advanced trainers of trainers.

- 9.** 2009: Club JCD and Y-PEER carried awareness sessions, lectures and workshops in Tall Abbas, Jib Jennine, Ashrafieh, Koura, Kfarsir, Dahye, Jounieh, Beit Chabab and Chouf.
- 10.** 2009: Club MCD carried awareness sessions among schools for the members of the Parents' Committees as well as the parents.
- 11.** 2009 - present: Collaboration with the municipalities to carry awareness sessions and activities in the concerned municipalities. These activities mainly include training youth of these municipalities and school teachers in order to become prevention agents.
- 12.** 2009: Preparation and printing of the first part of "Al Oubour ila al Horriyya" (Crossing to Freedom) in collaboration with the Ministry of Education in order to be launched in October 2010.



13. 2009: Issuing of JCD Annual Newsletter, Congregations Bulletin, Universities Newsletter and MCD Newsletter.
14. 2009: Participation of JCD with the UNODC (United Nations Office on Drugs and Crime) in the anti-drugs campaign.



## **Training Program**

1. Training for the new volunteers in JCD Club concerning drugs, smoking, alcohol, HIV/AIDS, STIs.
2. Training for the mothers in MCD Club concerning drugs, smoking, alcohol, HIV/AIDS, STIs.
3. Training for the JCD personnel concerning drugs, smoking, alcohol, HIV/AIDS, STIs.
4. Training for 20 members of “Al Takadoumi Al Ichtiraki Scouts”.
5. Training for the SOS mothers in Kfarhay and Bharsaf.
6. Workshop for the school teachers of Al Msaytbeh in Beirut.

7. Training for the volunteers of the Organization “Al Haraka Al Ijtimaïya” (Social Movement).
8. Training program for the employees regarding the following issues related to capacity building: communication skills – proposal writing – strategic planning ...



## **Workshops & Conferences Attended**

- 1.** Proposal writing (2 members)
- 2.** Management and Organizations and People (1 member)
- 3.** Financial Management (1 member)
- 4.** Governance (1 member)
- 5.** Fundraising Techniques (2 members)
- 6.** Social Media Exchange: SMEX Ideas Workshop (2 members)
- 7.** Training of Trainers for peer education (1 member)
- 8.** Leadership and Internal Governance (1 member)
- 9.** Effective Communication (1 member)
- 10.** Advanced Word and Excel and PowerPoint (1 member)
- 11.** The Middle East and North Africa Harm Reduction Association's First Regional Conference (1 member)

## **Memberships and Partnerships**

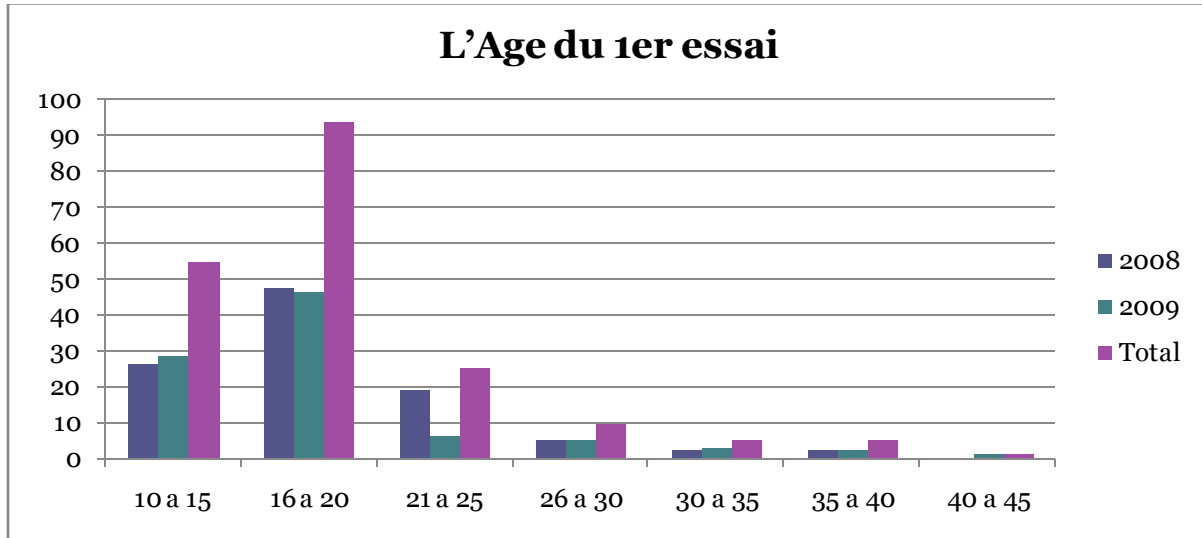
1. Y-PEER
2. RANNA
3. National AIDS Program
4. Tobacco Free Control

## **Cooperation Protocols**

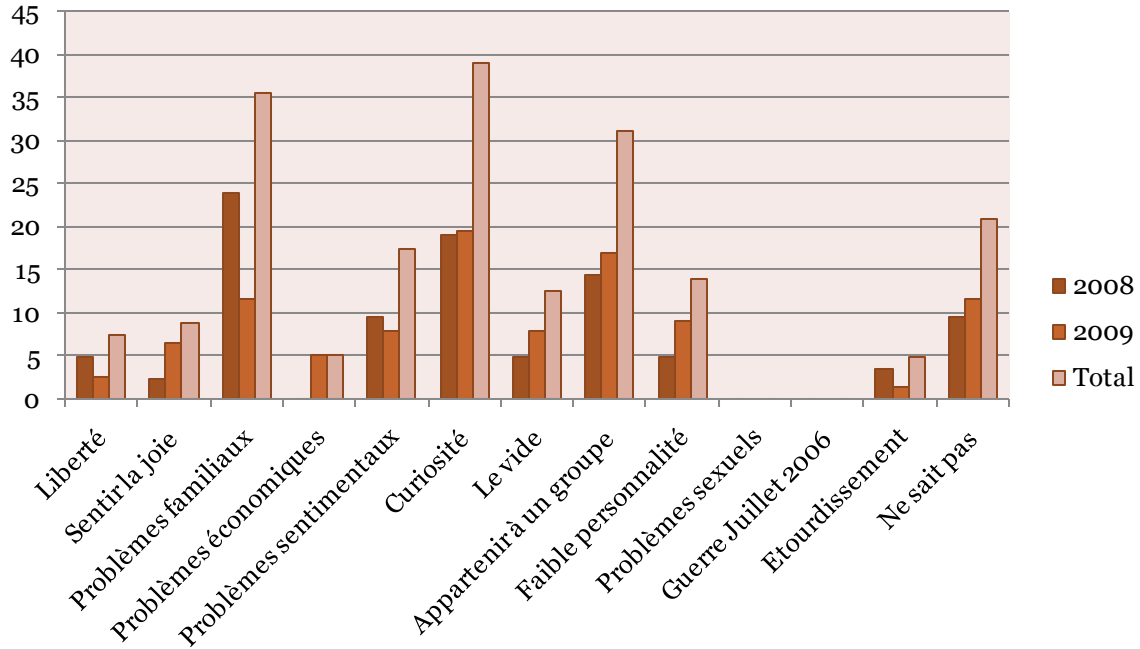
1. Al Takadoumi Al Ichtiraki Scouts
2. Party of Al Mouwahidin Al Dourouz

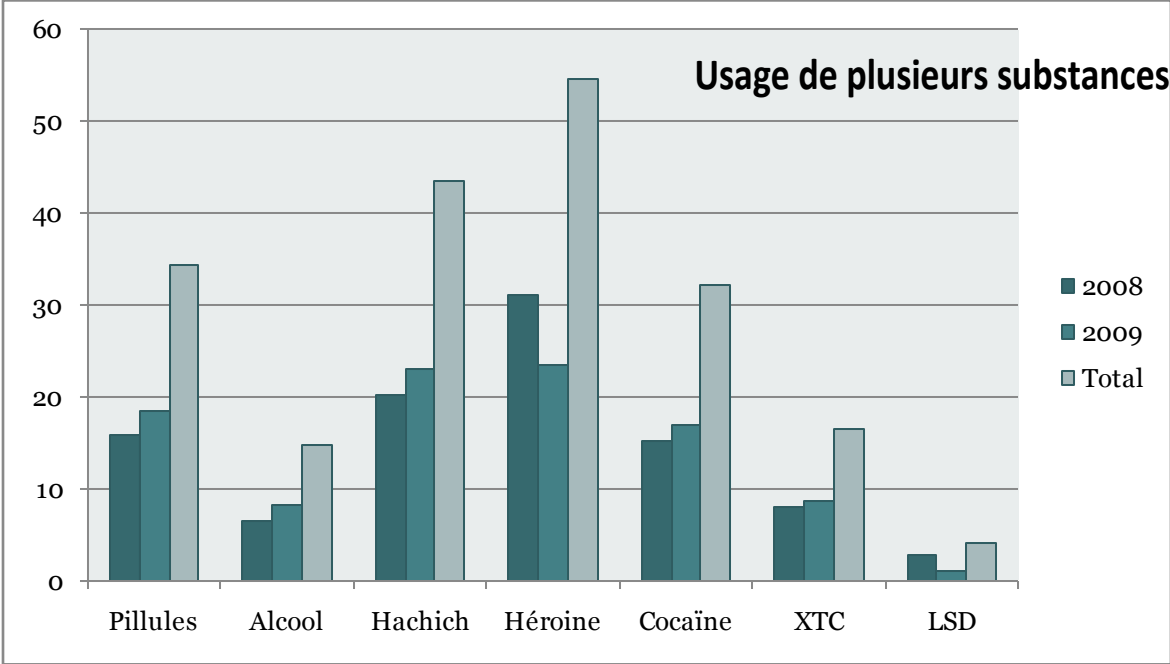
## Studies and Statistics

### 1. Statistics of the Reception Program:



# Causes d'addiction

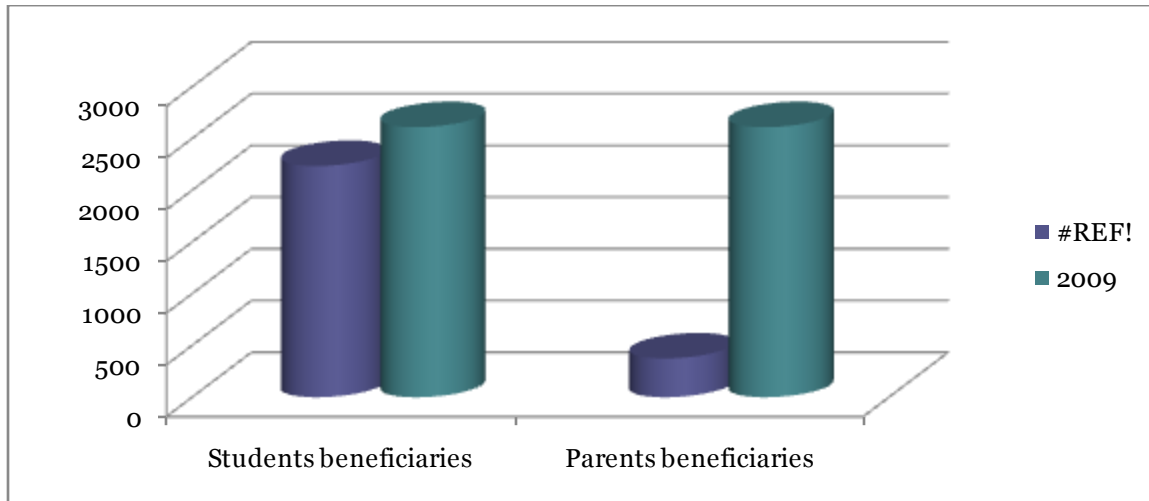






## 2. Statistics of the Awareness Program:

The following chart displays the number of students and parents who benefited from the 27 lectures carried in 2009.



3. Statistics of the VCT beneficiaries (75 people)
4. Statistics of the Smoking-free houses in Lebanon ( $\approx$  8000 houses)
5. Studies with universities and university students, including Al Kafaât – AUB – AUST – Beirut Arab University – LAU – Lebanese University – NDU – USEK (23).

## **Interviews and Reportages**

### **1. Radio Interviews (6):**

- 1) Sawt el Mahaba on 12-02-2009
- 2) Lebanese Broadcast on 11-04-2009 (2 emissions)
- 3) Sawt l Mousiqa on 10-05-2009
- 4) Al Charq broadcast on 26-06-2009
- 5) Lebnan El Horr on 29-06-2009
- 6) Sawt el Mahaba on 26-08-2009

### **2. TV Interviews & Reportages (11):**

- 1) Télé Lumière on 22-01-2009
- 2) OTV on 04-05-2009 (2 emissions)

- 3) MTV on 25-05-2009
- 4) Hiya TV on 04-06-2009
- 5) OTV on 12-06-2009
- 6) Télé Lumière on 23-06-2009
- 7) MTV on 25-06-2009
- 8) Future TV on 14-10-2009 (Reportage + Interview within the evening news.
- 9) Al Manar TV on 05-11-2009
- 10) BBC on 24-12-2009

**3. Newspaper Interviews & Reportages (5):**

- 1) Nadim Chkeir on 13-04-2009
- 2) Ajnihat l Arz magazine on 29-04-2009
- 3) Ghadi magazine on 29-04-2009
- 4) Nahar el Chabab on 18-06-2009

5) Najah Abou Monzir from Al Ousboü al Arabi Newspaper on 01-07-2009

4. Press Conference in collaboration with Grey on 27-06-2009: Launching an awareness campaign entitled “La Tchém w La Tdou” (Don’t sniff & don’t taste).

## Social Activities

- Subhia of MCD Club

